

Mabank Independent School District Wellness Policy and Plan Assessment

Assessment Conducted by: School Health Advisory Committee

Date of Assessment: 4 / 24 / 2024

Grades:

Scoring: 0 = No 1 = In Progress 2 = Yes

- 1.) Administrators, Board Members, Parents, Food Service Staff, School Health Professionals, P.E. Teachers, Students, and the Public are encouraged to participate in the development, implementation, and evaluation of the district's Wellness Policy/Plan.

Score: 2

The Wellness Policy/Plan are made available to the public through the district's website.

Score: 2

- 2.) The district completes triennial reviews of the Wellness Policy/Plan.

Score: 1

- 3.) The district's Wellness Policy/Plan includes measurable goals for nutrition education.

Score: 2

- 4.) The district offers nutrition education to Elementary, Intermediate, Junior High, and High School students.

Score: 2

- 5.) The district promotes healthy eating and nutrition education with signage, creative menus, posters, bulletin boards, etc.

Score: 2

- 6.) The district places fruits and vegetables for easy access for students (e.g. near cafeteria cashier or near the front of the line).

Score: 2

- 7.) The district ensures students have access to hand-washing facilities prior to meals.

Score: 2

- 8.) The district annually evaluates how to market and promote its school meal program(s).

Score: 2

- 9.) The district offers taste testing or menu planning opportunities for students.

Score: 2

- 10.) The district's Wellness Policy and Plan addresses nutrition standards for USDA reimbursable meals.

Score: 2

- 11.) The district operates the School Breakfast Program.

Score: 2

- 12.) The district follows all nutritional regulations for the National School Lunch Program.

Score: 2

- 13.) The district's Food Service Director has ServSafe certification.

Score: 2

- 14.) The district's food service staff have Food Handlers certification.

Score: 2

- 15.) The district has implemented Smart Snacks nutrition standards for all items sold during school hours (with the exception of exemption days).
Score: 2
- 16.) The district's Wellness Policy/Plan has measurable goals for physical activity.
Score: 2
- 17.) The district provides physical education for Elementary students on a weekly basis.
Score: 2
- 18.) The district provides physical education for middle school students during a term or semester.
Score: 2
- 19.) The district provides recess for elementary students on a daily basis.
Score: 2
- 20.) The district provides opportunities for physical activity integrated through the day.
Score: 2
- 21.) The district discourages staff and teachers from keeping students in from recess for punitive reasons.
Score: 2
- 22.) The district allows teachers to offer physical activity as a reward for students.
Score: 2
- 23.) The district offers before or after school physical activity.
Score: 2

MISD Designee in charge of compliance (Name/Title): Lindsey Minyard - Director of Health Services

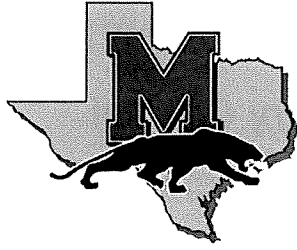
MISD Designee in charge of compliance (Signature): Lindsey Minyard

MISD Website Wellness Plan and Policy Location: <https://www.mabankisd.net/page/health.home>

Committee Feedback:

? What is the measurable goal for nutrition education

? How/when is the topic of nutrition incorporated into student advisory groups -



MABANK INDEPENDENT SCHOOL DISTRICT

Student Health Advisory Council

Meeting Time : April 24, 2024 at 4:15

Agenda

1. Call to Order
2. Assess Mabank Independent School District Wellness Policy and Plan
3. Close Meeting



MABANK INDEPENDENT SCHOOL DISTRICT
Student Health Advisory Council

SHAC SIGN IN

April 24, 2024

Name	Title
Emily Glosup	Parent
Ashley Ward, LPE	Counseling Coord.
Lindsey Minyard	Director of Health Services
Kelsey Brown	JH/MIS Counselor
Michael McDowell	Parent
Henry C. Tracy	Assistant-Superintendent
Charity Groom	Curriculum Director
Katie Hoke	Parent