

Head Lice information

Mabank Schools are enforcing a **“no nit” policy**, which means that any student with nits will be sent home for treatment by parents. It is important to remember that all students are subject to compulsory attendance, so quick action is critical should your child become infected.

By carefully following the steps below, you can remedy the spread of lice:

- Examine your child’s hair and scalp and other family members once each week.
- If lice or nits are discovered, use a lice killing treatment such as “Nix”. Then you must **“pick the nits”**. Remove **all** of the nits by pulling, picking, cutting and combing them out of the hair. Treatment must be **repeated** in 7-10 days to be effective. One nit can reinfest your child’s hair.
- Wash all clothing and bedding in extremely hot water if it has come into contact with nits. Dry in a hot dryer. For non-washables, place in a sealed plastic bag for 14 days.
- Thoroughly vacuum rugs, upholstered furniture, and car seats. Spray household furniture and beds with a lice control spray.
- Wash your hands and your child’s hands thoroughly, especially under the nails. Watch for head scratching because it may be an early warning sign.
- Never share combs, hair brushes, hats, barrettes, and other personal items.

By working together, we can eliminate the problem of lice in our homes and schools. Please contact your child’s school if you have any additional questions.